



Places to stay PLACES TO STAY

Heligoland offers you a wide range of accommodation for an unforgettable holiday. Quaint bungalows, chic and nautical themed hotels, cosy self-catering apartments, a campsite close to the beach? Experience Nordic hospitality in the accommodation of your choice.

The youth hostel is located in the northeast of the main island and is suitable for both, singles and families.

On the dune, the bungalows and the two roofed wicker beach sleeper loungers on the North Beach are ideal for nature lovers. Is there anything better than sleeping under a starry sky in summer, with the gentle sound of the waves in the background?

Heligoland offers a unique high seas experience and is also a shopper's paradise. The island is not subject to the EU Customs Code, so products are exempt from customs duties and VAT. Stroll along the „Lung Wai“, discover the wide range of shops with a broad assortment and ask for advice from the friendly and knowledgeable staff.

The highlight of any visit is the picturesque harbour with its traditional lobster stalls - the „Hummerbuden“. Here you will find small galleries, shops and restaurants. Experience art, culture and enjoy the famous crab claws - „Knieper“.



Relaxing day trip TIPS FOR A RELAXING DAY TRIP

No matter what time of the year, Heligoland is well worth a visit. Enjoy your stay, and to quote the famous son of Heligoland: „Stop the clocks. Forget the time.“ (James Krüss)

Tips for a relaxing day trip:

- Take a walk along the approx. 3 km long cliff path to the famous landmark, „Lange Anna“, afterwards grab a bite and explore the shops along the main streets. If you would love to see grey seals, hop on the ferry and visit the sand dune, it is only a few minutes to the other island.
- If you want to learn more about the island's history, start by visiting the Heligoland Museum. We also recommend the bunker tunnel next to the lift - ideal for a day trip if you are short on time.
- Women's, men's and disabled toilets are located in the building on the „Landungsbrücke“. The toilets are open all year round from morning to evening. Further toilets are located in the south harbour, next to the reading hall at the north-east harbor and in the „Oberland“ at the main staircase as well as at the bird observatory.

Information and bookings

Heligoland Tourismus-Service
Tourist Information

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WELKOAM IIP LUN



Welcome to WELCOME TO HELIGOLAND, GERMANY'S ONLY ISLAND IN THE HIGH SEAS

You may find many islands along the North Sea coast, but nothing compares to Heligoland. So close, and yet so far.

About 60 km from the mainland, the huge red sandstone rock rises high above the sea. Get away from it all and discover an oasis of peace and a unique world. Experience the power of nature and the sea, discover the diversity of flora and fauna. Enjoy the mild climate - even in the depths of winter - thanks to the Gulf Stream. These unique advantages make Heligoland a popular holiday island with a long tradition as a health resort. You want to slow down and relax? Heligoland is the place to be!

Take a walk along the cliffs in the upper land, marvel at the magnificent scenery and admire the breathtaking sunsets. Along the way you can learn a lot about the culture, the island's rich history and nature; look out for the colourful information boards.

Discover the **Lummenfelsen**, one of the smallest German nature reserves, the hatching site of gannets and guillemots - clumsy on the ground, graceful and majestic in the air.

Did you know? Heligoland consists of two islands, the 1.0 km² in size red sandstone island, with its striking rocky coast and the 0.7 km² small dune. The natural connection between the two islands was destroyed during a storm tide in 1720.



ONE HOLIDAY DESTINATION, TWO WORLDS

The main island stretches over several levels: a low-lying part, a middle part and a high-lying part, called "**Unterland**", "**Mittel-land**" and "**Oberland**" - all connected by stairs. A very convenient way to get to the „Oberland“ is the lift at the end of the „**Lung Wai**“ - a small fee is charged.

You want to discover another world? Take the ferry that connects the red cliffs with the dune, our hidden jewel. A sea as far as the eye can see, whatever the tide, two fabulous, almost unspoilt stretches of sand, some of the cleanest water in Europe... Spend a lazy day at the beach, sunbathing (don't forget your sunscreen!), swimming, lounging and playing.

Children will love to become little explorers here - looking for shells and stones is like a little treasure hunt. Who will find the first famous Heligoland flint - which can be found only on the dune? Who will spot the first oystercatcher?



The small island is the perfect place to watch grey and common seals in their natural habitat. The highlight for nature lovers: the grey seal pupping season. If you want to watch fluffy, big-eyed seal pups, come in winter. For the best view, take the comfortable panorama trail and watch the seal nursery from there.

Enjoy the beauty of nature all year round and feel the wind blow through your hair.



Take a deep breath TAKE A DEEP BREATH AND ENJOY THE SUNSHINE

People with allergies, asthma and chronic respiratory diseases can enjoy a holiday on Heligoland. The air in the middle of the North Sea is very rich in iodine and oxygen. Far from the mainland and with no car traffic, the air on Heligoland is almost emission-free and low in pollen. The marine aerosols are beneficial to health and alleviate the effects of all respiratory diseases. They minimize many symptoms and show various healing effects.

The "mare friscum - SPA HELGOLAND", our spa and wellness centre, is open all year round. Here you can enjoy the clean seawater in several pools, relax in the sauna and enjoy the stunning view of the North Sea.

The Apart- und Kurhotel "Land und Meer" and the physiotherapy centre „zwischen Düne und rotem Fels“ offers modern facilities for prevention, rehabilitation and convalescence. You can book spa treatments, medicinal baths and other wellness offers.

Looking for one of the sunniest places in Germany? You've come to the right place. The many hours of sunshine are good for your health and help you to relax. The mild climate, a blessing of the Gulf Stream, makes for cooler summers and bearable winters on Heligoland. Just take a look at the carefree exotic plants in the midst of the winter.



This way please

THIS WAY, PLEASE – HELGOLAND AT A GLANCE

1 Pier
Heligoland's "entrance gate". Boats, led by experienced seamen, bring visitors safely from cruise liners to the island.

2 Monument to August Heinrich Hoffmann von Fallersleben
He wrote what is today the German national anthem here in 1841.

3 Town Hall

3a Tourist Information
Heligoland's tourist information can book rooms, ferry tickets and flights for you. Guests can obtain information and tickets for events.

4 Lift/Staircase to Oberland

5 Themed Trails and Edge of the Cliffs
Become one with nature and experience culture and history of the red cliff firsthand on three exciting walks. Colour-coded display boards and pyramids tell you everything you need to know about Heligoland "as you pass by".

Parts of these themed trails on the Oberland lead along the edge of the cliff over an approximately 1.5-hour-long circular trail.

6 Ornithological Station (Institute for Bird Research)
Staff of the ornithological station ring an average of 15,000 migratory birds each year. Guided tours through the catching grounds are offered.

7 Lange Anna
The sea stack at the northern tip of the island has been Heligoland's landmark since 1865.

8 Lummenfelsen (guillemot cliffs)
Each year, a colony of seabirds breeds here with about 10,000 pairs of birds, including kittiwakes, razorbills, silver gulls, gannets and the eponym of the rock, the "Trottellummen" or common guillemot.

9 The Lighthouse
(range of 30 nautical miles)
The former anti-aircraft control centre is the only building that survived the Second World War relatively unscathed.

The radar unit mounted on the tower is used to monitor shipping in the German Bight.

10 Paracelsus North Sea Clinic
In addition to a surgery and a neurology unit, this private clinic maintains a special department for Parkinson's patients.

11 Ecological Laboratory of the Biological Institute Heligoland
The silver water tower is a mustsee point of interest.

12 SAR Station
The Bundeswehr Search and Rescue Service has its helicopter landing pad here.

13 Lobster Stalls ("Hummerbuden")
(former fishermen's tool shed)
This picturesque area at the inland port has developed into a maritime mile where art, culture and culinary treasures such as "Knieper" (crab claws) are on offer. The registry office is also located in the Hummerbude 10.

14 Customs, Mail and Baggage Service
Heligoland is not subject to the EU Customs Code. Anyone wishing to ship their luggage must have it cleared by a customs officer.

15 Children's Playgrounds

16 Fast Ferry and Ferry Terminal Binnenhafen, s. Inland Harbour

17 "Jägerstieg"
Staircase to Oberland

18 Dune/Dune Ferry/ Dune Ferry Ticket Office
Two wide, white and never overcrowded beaches invite you to swim, sunbathe and play on the small bathing dune just off the main island.

19 Desalination Plant
The drinking water on the island is obtained from salt water, using a quite complex technique which is necessary for the process.

20 Power Supply
Heligoland produces its heat centrally. A modern filter and detoxification technology keeps the clean air clean.

21 Recreation Park Northeast
Tennis, minigolf, trampoline and boules pitch.

22 Nordseehalle, Heligoland Museum with "Museumshof" (museum courtyard)
Event and cultural centre. The museum provides insights into Heligoland's culture and history from the Stone Age to the present day.

23 Apart- und Kurhotel "Land und Meer" and physiotherapy center "zwischen Düne und rotem Fels"
Apartments as well as spa treatments with medicinal products that are typical of the North Sea region.

24 "mare friscum – SPA HELGOLAND" Spa and Wellness Centre
(heated seawater pool)

25 Monument to Jacob Andresen Siemens
(Founder of the seaside resort in 1826)

26 Biological Institute Heligoland (BAH)
Founded on the island in 1892. Most of the research is focused on ecology.

27 Public Library
A wide range of Heligoland literature, fiction, non-fiction, children's books and games.

28 Youth Hostel
The youth hostel on Heligoland has single and shared rooms with a total of 139 beds.

29 St Michael's Church
The catholic church of St Michael is named after the Archangel Michael and is located on the "Oberland"; the address is

Karkhiar-Spichal-Goat 584. The parish of St. Michael has about 140 members and belongs to the deanship of Itzehoe in the archdiocese of Hamburg.

30 St Nicholas' Church
The protestant church of St Nicholas, named after St. Nicholas of Myra, the patron saint of sailors, is located in the residential area on the "Oberland" at Schulweg 648. The church is generally open daily.

31 Health Centre
Since 2020, Heligoland's modern health centre has been offering comprehensive medical diagnostics and care as well as spa and bathing medicine, check-ups and prevention. The centre's medical care team supports chronically ill patients with their disease management programmes. In addition, the health centre offers travel vaccinations, nutritional advice, diving fitness examinations, osteopathy, homeopathy and naturopathy.

32 Südhafenterminal (South Harbour Terminal)
Reception terminal with weather-protected waiting room and café; cargo handling centre and office building.

