



## A WIDE RANGE OF ACCOMMODATION AWAITS YOU

Visitors can choose among more than 2,800 guest beds: from four-star hotels to holiday flats and houses through to simply furnished private rooms.

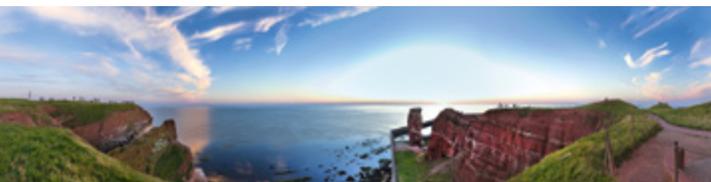
The youth hostel is located on the northeast side of the main island and has 139 beds.

Visitors can enjoy the Robinson feeling in comfortable bungalows or in tents on the campsite on the dune.

In addition, two fully equipped hire tents for “novice” campers can be booked as well as roofed wicker beach sleeper loungers for two on the North Beach.

Beyond offering a unique high seas experience, Heligoland is also a shopper's paradise. The island is not subject to the EU Customs Code, meaning that products are exempt from customs duties and VAT.

Discerning guests can expect a quality, broad assortment along with friendly, knowledgeable advice. Really worthwhile is a stroll along the colourful lobster stalls at the harbour. Small galleries, shops and restaurants showcase the theme of “Art, Culture and Claws”.



### Information and bookings

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**Heligoland**  
THE ISLAND THAT BREATHES

## MY PARADISE ISLAND

COME TO HELIGOLAND AND  
SOAK UP SOME FRESH AIR  
AND SUN

**Heligoland**  
THE ISLAND THAT BREATHES

# WELKOAM IIP LUNN

## WELCOME TO HELIGOLAND, GERMANY'S ONLY ISLAND IN THE HIGH SEAS

**There are many islands on Germany's North Sea coast but none of them is comparable to Heligoland.**

About 70 km from the mainland, the huge red sandstone rock rises 61 m above the sea. The hustle and bustle of daily life and environmental issues can be left far behind on the way here.

Heligoland has thus remained an oasis of tranquillity and a unique nature zone, distinguished by the power of the sea, a unique flora and fauna as well as a mild climate thanks to the Gulf Stream. These unique benefits have also made Heligoland a popular holiday island with a long-standing tradition as a health resort and year-round offers for those seeking rest and relaxation.

A walk along the path on the edge of the cliffs of Oberland provides information about the culture, history and nature of the island and offers unique views and breathtaking sunsets.

### **A holiday resort with two islands**

Heligoland consists of the 1.0 km<sup>2</sup> long red sandstone island with its striking rocky coast and the 0.7 km<sup>2</sup> small dune. The natural connection between the two islands was destroyed during a storm tide in 1720.

## ONE ISLAND WITH THREE COUNTRIES AND TWO SEAS

Heligoland is divided into a low-lying part, a middle part and a high-lying part, called the "Unterland", "Mittel-land" and "Oberland" on Heligoland. A lift transports islanders and guests between Oberland and Unterland, for those who prefer not to use the stairs.

The other popular means of transport is the ferry, which connects the red cliffs with the dune. Two beautiful and never overcrowded beaches invite you to sunbathe, swim, lounge and play. The sea is always everywhere as far as the eye can see, regardless of low and high tide.

The North Sea around Heligoland is one of the cleanest waters in Europe. Walks around the dune are true highlights all year round, even when the wind is whistling in your ears. Here you can relax, find shells or sometimes even amber whilst enjoying the unique flora and fauna at the same time. Visitors can also easily observe grey seals and common seals in their natural habitat.



The "mare friscum - SPA HELGOLAND" spa and wellness centre, open all year round, is a small sea in the sea. Here too, visitors can enjoy the clean sea water in different pools. Themed sauna nights are offered on selected dates.



## FRESH AIR & AN ABUNDANCE OF SUN

A holiday on Heligoland means, not least for allergy sufferers, asthmatics and people with chronic respiratory illnesses, being able to breathe deeply again and take time to relax from the hustle and bustle of daily life.

The island air in the middle of the North Sea is very rich in iodine and oxygen. Far away from the mainland and with no traffic from cars, the air on Heligoland is nearly emission-free and poor in pollen.

The health benefits of sea aerosols have an additional recovering effect on all respiratory illnesses and reduce many symptoms or even have a healing effect. Guests can naturally also take advantage of all amenities which a modern holiday resort labelled as a "North Sea spa" has to offer: spa treatments, medicinal baths and many wellness offers.

The therapy centre also houses modern facilities for prevention, rehabilitation and convalescence.

The many hours of sunshine also contribute to promoting health and relaxation. Heligoland has been ranked one of the sunniest places in Germany for many years. The mild climate, favoured by the Gulf Stream, makes for mild summers and winters on Heligoland. Even some exotic plants can spend the winter here outside without any worries.

# THIS WAY, PLEASE – HELIGOLAND AT A GLANCE

**1 Pier**  
Heligoland's "entrance gate". Boats, led by experienced seamen, bring visitors safely from cruise liners to the island.

**2 Monument to August Heinrich Hoffmann von Fallersleben**  
He wrote what is today the German national anthem here in 1841.

**3 Town Hall**

**3a Tourist Information**  
Heligoland's tourist information can book rooms, ships and flights for you. Guests can obtain information and tickets for events.

**4 Lift/Staircase to Oberland**

**5 Themed Trails and Edge of the Cliffs**  
Become one with nature, and experience culture and history of the red cliff firsthand on three exciting walks. Colour-coded display boards and pyramids tell you everything you need to know about Heligoland "as you pass by".

Parts of these themed trails on the Oberland lead along the edge of the cliff over an approximately 1.5-hour-long circular trail.

**6 Ornithological Station (Institute for Bird Research)**  
The staff of the ornithological station of the institute for bird-research ring an average of 15,000 migratory birds each year and also offer visitor tours of their "ringing garden".

**7 Lange Anna**  
The sea stack at the northern tip of the island has been Heligoland's landmark since 1865.

**8 Lummen Cliff**  
Every year a colony of seabirds breeds here with about 10,000 pairs of birds, including kittiwakes, razorbills, silver gulls, gannets and the eponym of the rock, the "Trottellummen" or common guillemot.

**9 The Lighthouse**  
(30 nm range) The former anti-aircraft control centre is the only building that survived the Second World War relatively unscathed. The radar unit mounted on the tower is used to monitor shipping in the German Bight.

**10 Paracelsus North Sea Clinic**  
In addition to a surgery and a neurology unit, this private clinic maintains a special department for Parkinson's patients.

**11 Ecological Laboratory of the Biological Institute Heligoland**  
A striking feature is the silver water tower.

**12 SAR Station**  
The Bundeswehr Search and Rescue Service has its helicopter landing pad here.

**13 Lobster Stalls ("Hummerbuden")**  
(former fishermen's tool shed) This picturesque area at the inland port has developed into a maritime mile where art, culture and culinary treasures such as "Knieper" (crab claws) are on offer. The registry office is also located in the Hummerbude 10.

**14 Customs and Baggage Service**  
Heligoland is not subject to the EU Customs Code. Anyone wishing to check in their luggage must have it cleared by a customs officer.

**15 Children's Playgrounds**

**16 Fast Ferry and Ferry Terminal**

**17 "Jägerstieg"**  
Stairs to the Oberland

**18 Dune/Dune Ferry/ Dune Ferry Ticket Office**  
Two wide, white and never overcrowded beaches invite you to swim, sunbathe and play on the small bathing dune just off the main island.

**19 Desalination Plant**  
The drinking water on the island is obtained from salt water, using a quite complex technique which is necessary for the process.

**20 Power Supply**  
Heligoland produces its heat centrally. A modern filter and detoxification technology keeps the clean air clean.

**21 Recreation Park Northeast**  
Tennis, minigolf, trampoline and boules pitch

**22 Nordseehalle, Heligoland Museum with "Museumshof" (museum courtyard)**  
Event and cultural centre. The museum provides insights into Heligoland's culture and history from the Stone Age to the present day.

**23 Kurmittelhaus Heligoland**  
Holiday flat facility and spa treatments with medicinal products typical of the North Sea

**24 "mare friscum - SPA HELGOLAND" Spa and Wellness Centre**  
(heated saltwater pool)

**25 Monument to Jacob Andresen Siemens**  
(Founder of the seaside resort in 1826)

**26 Biological Institute Heligoland (BAH)**  
Founded on the island in 1892. Most of the research is focused on ecology.

**27 Public Library**  
A wide range of Heligoland literature, fiction, non-fiction, children's books and games.

**28 Youth Hostel**  
The youth hostel on Heligoland has single and shared rooms with a total of 139 beds.

**29 St Michael's Church**  
The catholic church of St. Michael is named after the Archangel Michael and is located on the "Oberland"; the address is Karkhiar-Spichal-Goat 584. The parish of St. Michael has about 140 members and belongs to the deanship of Itzehoe in the archdiocese of Hamburg.

**30 St Nicholas' Church**  
The protestant church of St. Nicholas, named after St. Nicholas of Myra, the patron saint of sailors, is located in the residential area on the "Oberland" at Schulweg 648. The church is generally open daily.

